



**Lauren Rainsford**  
Associate

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Lauren Rainsford is a strategic and critical thinker who ensures that her clients achieve the best outcomes by crafting practical, effective and creative legal solutions tailored to their needs.

Lauren joined the firm after working as a summer student and an articling student at the firm. During law school Lauren volunteered as a caseworker at Advocates for Injured Workers. She also graduated with honours and won prizes for oral advocacy in the Willms and Shier Environmental Law Moot.

**Education:**

University of Toronto,  
J.D., 2020  
Queen's University,  
B.A. (Hons.), 2017

**Bar Admissions:**

Ontario, 2021